

# MENU SPRING TERM 2024

## Week One

Weeks commencing 8 January, 29 January, 26 February, 18 March 22 April

#### MONDAY

Pasta in red pepper and tomato sauce

Sweetco-rn and mixed peppers

Jacket Potato with a choice of fillings

Yoghurt with strawberries

#### TUESDAY

Chicken & mushroom
stew or
Mushroom veggie
stew
Mashed potato
Mixed veg

Jacket Potato with a choice of fillings

Fruit platter

## WEDNESDAY

Vegetable lasagne

Potato wedges

Green beans or mixed leaf salad

Jacket Potato with a choice of fillings

Fruit crumble with custard

#### **THURSDAY**

Chicken drumstick with

jerk seasoning

or

Sweet potato and

chickpea curry

Rice and peas

Sliced carrot

Jacket Potato with a choice of fillings

Fruit salad

### FRIDAY

Fish fingers or Quorn sausage

Oven chips

Baked beans or peas

Jacket Potato with a choice of fillings

Fruit yoghurt

Side salads and a selection of fruit are available with every meal.

Allergies: Gluten, dairy, lactose & egg-free options available daily. All other allergies catered to on an individual basis.



# MENU SPRING TERM 2024

## Week Two

Weeks commencing 15January, 5 February, 4 March, 25 March

#### MONDAY

Cheesy broccoli pasta

Mixed Salad

Sliced green beans

Jacket Potato with a choice of fillings

Rice pudding with fruit

#### TUESDAY

Sweet & sour Chicken
or
Sweet & sour Quorn

Rice

Sliced carrot

Jacket Potato with a choice of fillings

Fruit platter

#### WEDNESDAY

Quorn spaghetti bolognese

Mixed vegetables

Mixed salad

Jacket Potato with a choice of fillings

Apple crumble with custard

### THURSDAY

Roast chicken drumstick

Vegetable biryani

Roast potatoes

Sweetcorn and carrots

Jacket Potato with a choice of fillings

Fruit salad

#### FRIDAY

Salmon fishcake

9-1-

veggie burger

Oven chips

Garden peas

Jacket Potato with a choice of fillings

Fruit yoghurt



## MENU SPRING TERM 2024

## Week Three

Weeks commencing 22 January, 19 February, 11 March, 15 April

#### MONDAY

Grilled vegetable curry with avorn

Mixed veg

Boiled rice

Jacket Potato with a choice of fillings

Yoghurt with blueberries

#### **TUESDAY**

Beef lasagne or Quorn lasagne

Sliced carrot

Jacket Potato with a choice of fillings

Fruit platter

#### WEDNESDAY

Pasta with to-matoand basil sauce

Broccoli and cauliflower

Jacket Potato with a choice of fillings

Apple crumble with custard

#### **THURSDAY**

Roast chicken
drumstick
or
Cauliflower cheese
Roast potatoes

Sliced carrot

Jacket Potato with a choice of fillings

Fruit salad

#### FRIDAY

Fish fingers or veggie burger

Oven chips

Baked beans or peas

Jacket Potato with a choice of fillings

Fruit yoghurt