

WEEK 1 MENU



WC: 6/9, 25/9, 16/10, 13/11, 4/12

MONDAY

Vegetable curry (V)

Rice

Jacket potato with a
choice of fillings

Yogurt with banana

Assorted fruit

TUESDAY

Chicken & Mushroom
Casserole

Quorn casserole (V)

New potatoes
Sliced green beans

Jacket potato with a
choice of fillings

Fruit platter

Assorted Fruit

WEDNESDAY

Quorn meatball spaghetti
(Gluten Free spaghetti
available)

Jacket potato with a
choice of fillings

Apple pie & Custard

Assorted fruit

THURSDAY

Jerk chicken drumsticks

Black eye bean & chickpea
curry (V)

Rice & peas
Diced carrot & sweetcorn

Jacket potato with a
choice of fillings

Fresh fruit salad

Assorted Fruit

FRIDAY

Fish fingers

Quorn sausage (V)

Fish fingers (GF)

Chips

Peas

Jacket potato with a
choice of fillings

Yoghurt with blue berries

Assorted fruit

ALLERGIES

**Gluten, dairy, lactose
& egg free options
available daily.**

**All other allergies
catered on an
individual basis.**

**A Selection of
fresh side salads
are served with
every meal**

WEEK 2 MENU



WC: 11/9, 2/10, 30/10, 20/11, 11/12

MONDAY

Macaroni cheese
Baked beans
Sweetcorn
Jacket Potato with a
choice of fillings
Natural Yogurt
Assorted fruit

TUESDAY

Beef bolognese
Vegetable bolognese
Spaghetti
(Gluten Free spaghetti
available)
Broccoli
Jacket Potato with a choice of
fillings
Fruit platter
Assorted fruit

WEDNESDAY

Vegetable stir fry
Noodles
Mixed leaf & tomato salad
Jacket Potato with a
choice of fillings
Vanilla sponge cake with
custard
Assorted fruit

THURSDAY

Roast chicken drumstick
Roast potatoes
Gravy
Sliced carrots
Vegetable stew
Jacket Potato with a
choice of fillings
Yogurt
Assorted fruit

FRIDAY

Battered Cod (GF
option available)
Vegetable burger
Chips
Peas
Jacket Potato with a
choice of fillings
Fruit salad
Assorted fruit

ALLERGIES

**Gluten, dairy, lactose
& egg free options
available daily.**

**All other allergies
catered on an
individual basis.**

**A Selection of
fresh side salads
are served with
every meal**

WEEK 3 MENU



WC: 18/9, 9/10, 6/11, 27/11, 18/12

MONDAY

Vegetable Lasagne

Vegetable stew

Potato wedges

Mixed leaf salad

Jacket Potato with a
choice of fillings

Yogurt

Assorted fruit

TUESDAY

Chicken curry

Vegetable curry

Rice

Broccoli

Jacket Potato with a
choice of fillings

Fresh fruit platter

Assorted fruit

WEDNESDAY

Cheese & tomato
Pasta
(GF Available)

Sweetcorn

Mixed pepper

Jacket Potato with a
choice of fillings

Apple crumble
& custard

Assorted fruit

THURSDAY

Jerk chicken drumstick

Rice & peas

Jerk Quorn sausage

Mixed Veg

Jacket Potato with a
choice of fillings

Fruit Salad

Assorted fruit

FRIDAY

Fish fingers

Fish fingers(GF)

Cheese & tomato quiche

Chips

Peas

Jacket Potato with a
choice of fillings

Yogurt

Assorted fruit

ALLERGIES

**Gluten, dairy, lactose
& egg free options
available daily.**

**All other allergies
catered on an
individual basis.**

**A Selection of
fresh side salads
are served with
every meal**